

# Lindsay H. Ryan

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Institute for Social Research  
University of Michigan  
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## EDUCATION

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- 2008                    **Ph.D. Human Development and Family Studies**  
*The Pennsylvania State University, University Park, PA.*
- 2005                    **M.S. Human Development and Family Studies**  
*The Pennsylvania State University, University Park, PA.*
- 2003                    **B.A. Psychology**  
*State University of New York, College at Geneseo, Geneseo, NY.*

## PROFESSIONAL POSITIONS

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- 2012 – Present        **Assistant Research Scientist**  
*Institute for Social Research, University of Michigan, Ann Arbor, MI*
- 2010 - 2012           **Research Investigator**  
*Institute for Social Research, University of Michigan, Ann Arbor, MI*
- 2008 – 2010           **Postdoctoral Fellow**  
*Institute for Social Research, University of Michigan, Ann Arbor, MI*
- 2005 – 2008           **NIMH Predoctoral Fellow**  
Training grant awarded to the department of Human Development and Family Studies, *The Pennsylvania State University, University Park, PA.*

## RESEARCH GRANTS

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- 2015 - 2016           Co-Director: Age-related Differences in Driver Behavior Associated with Automated Vehicles and the Transfer of Control between Automated and Manual Control: A Simulator Study sponsored by Michigan Mobility Transformation Research Center: **\$199,522 UMTRI**
- 2014 - 2016           Principal Investigator: Gratitude in Older Adults sponsored by the John Templeton Foundation: **\$172,152 SRC**
- 2014 - 2019           Michigan Co-Principal Investigator: A Long-Term Prospective Cohort Study to Better Understand Senior Drivers sponsored by the AAA Foundation for Traffic Safety: **\$2,725,901 UMTRI**

- 2012 - 2013 Co-Investigator: A Web-Based Survey of Daily Experienced Well-Being in Older Couples sponsored by the National Institute on Aging: **\$174,507 SRC**
- 2011 - 2016 Co-Investigator: Survey Measures of Subjective Well-being: Age, Appraisal, and Cognition Effects sponsored by the National Institute on Aging: **\$2,259,820 SRC**
- 2011 - 2016 Co-Investigator: A Census-Enhanced Health and Retirement Study: A Proposal to Create and Analyze an HRS Dataset Enhanced with Characteristics of Employers sponsored by the Sloan Foundation: **\$4,398,616 SRC**
- 2009 - 2011 Co-Investigator: Experienced-based and Subjective Well-being Survey Toolkits for Older Adults sponsored by the National Institute on Aging: **\$996,672 SRC**

## PUBLICATIONS

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### *Under Review*

Chopik, W. J., Newton, N. J., **Ryan, L. H.**, Kashdan, T. B., & Jarden, A. J. (Under review). Gratitude across the life span: Age differences and links to subjective well-being.

**Ryan, L. H.**, Newton, N. J., Chauhan, P. K., & Chopik, W. J. (Revise and Resubmit). Effects of pre-retirement personality, health and job lock on post-retirement subjective well-being.

Lee, S., Vasquez, E., **Ryan, L. H.**, & Smith, J. (Submitted). Measurement of subjective well-being with the racially and ethnically diverse older population in the United States.

### *Published*

Li, G., Eby, D. W., Santos, R., Mielenz, T. J., Molnar, L. J., Strogatz, D., Betz, M., DiGuseppi, C., **Ryan, L. H.**, Jones, V., Hill, L. L., DiMaggio, C. J., LeBlanc, D., & Andrews, H. F. (Accepted). Longitudinal Research on Aging Drivers (LongROAD): Study Design and Methods. *Injury Epidemiology*.

Mejía, S.T., **Ryan, L.H.**, Gonzalez, R., & Smith, J. (2017). Successful aging at the intersection of individual resources, age, environment, and experiences of well-being in daily activities. *Journals of Gerontology: Social Sciences*, 72, 279 – 289. DOI: <https://doi.org/10.1093/geronb/gbw148>

Fisher, G. G., **Ryan, L. H.**, Sonnega, A., & Naude, M. (2016). Job lock, work and psychological well-being in the U.S. *Work, Aging and Retirement*, 2, 345 – 358. doi: 10.1093/workar/waw004

Birditt, K., Newton, N. J., Cranford, J., & **Ryan, L. H.** (2015). Implications of chronic stress and negative relationship quality for blood pressure among older couples: Evidence of dyadic effects. *Journals of Gerontology: Psychological Sciences*, doi: 10.1093/geronb/gbv023

- Smith, J., & **Ryan, L. H.** (2015). Psychological vitality in the oldest old. In K. W. Schaie and S. L. Willis (Eds.) *The Handbook of the Psychology of Aging, Eighth Edition*. Elsevier.
- Ryan, L. H.** (2015). Subjective Well-being. In S. K. Whitbourne (Ed.) *Encyclopedia of Adulthood and Aging*, Wiley-Blackwell. DOI: 10.1002/9781118521373.wbeaa280
- Fisher, G.G., **Ryan, L. H.**, & Sonnega, A. (2015). Prolonged working years: Consequences and directions for interventions. In J. Vuori, R. Blonk, & R. H. Price (Eds.) Chapter submitted for J. Vuori, R. Blonk, & R. H. Price (Eds.) *Sustainable Working Lives: Managing Work Transitions and Health throughout the Life Course*. Springer.
- Yang, T., **Ryan, L. H.**, Becker, S. E., & Smith, J. (2014). Assessing quality of answers to a global well-being question through response times. *Survey Research Methods*, 9, 101-109. doi:10.18148/srm/2014.v9i2.6107
- Newton, N. J., **Ryan, L. H.**, King, R. T., & Smith, J. (2014). Cohort differences in the marriage-health relationship for midlife women. *Social Science & Medicine*, 116, 67 - 72. doi:10.1016/j.socscimed.2014.06.040
- Queen, T. L., Stawski, R. S., **Ryan, L. H.**, & Smith, J. (2014). Loneliness in a day: Activity engagement, time alone, and experienced emotions. *Psychology and Aging*, 29, 297-305. doi: 10.1037/a0036889
- Ryan, L. H.**, Wan, W. H., & Smith, J. (2014). Spousal Social Support and Strain: Impacts on Health in Older Couples. *Journal of Behavioral Medicine*. doi: 10.1007/s10865-014-9561-x
- Smith, J., **Ryan, L. H.**, Queen, T. L., Becker, S., & Gonzalez, R. (2014). Snapshots of mixtures of affective experiences in a day: Findings from the Health and Retirement Study. *Journal of Population Ageing*, 7, 55 – 79. doi: 10.1007/s12062-014-9093-8
- Windsor, T. D., Gerstorf, D., Pearson, E., **Ryan, L. H.**, & Anstey, K. J. (2014). Positive and negative social exchanges and cognitive ability in young-old adults: Differential associations across family, friends, and spouse domains. *Psychology and Aging*, 29, 28 – 43. doi: 10.1037/a0035256
- Smith, J., **Ryan, L. H.**, Röcke, C. (2013). The day-to-day effects of conscientiousness on wellbeing. *Research in Human Development*, 10, 9 - 25.
- Ryan, L. H.**, Smith, J., Antonucci, T. C., & Jackson, J. S. (2012). Cohort differences in the availability of informal caregivers: Are the Boomers at risk? *The Gerontologist: Special Issue: Not Your Mother's Old Age: Baby Boomers at 65*, 52, 177 - 188.
- Infurna, F. J., Gerstorf, D., **Ryan, L. H.**, & Smith, J. (2011). Dynamic links between memory and functional limitations in old age: Longitudinal evidence for age-based structural dynamics from the AHEAD study. *Psychology and Aging*, 26, 546 - 558.

**Ryan, L. H., & Smith, J.** (2009). Cognition and health disparities over the life course: Longevity as an example. In T. C. Antonucci and J. S. Jackson (Eds.) *Annual Review of Gerontology and Geriatrics: Life Course Perspectives on Late Life Health Inequalities*. DOI: <http://dx.doi.org/10.1891/0198-8794.29.131>

Windsor, T. D., **Ryan, L. H., & Smith, J.** (2009). Individual well-being in older adulthood: Do spousal beliefs matter? *Journals of Gerontology: Psychological Sciences*, *64B*, 586-596.

Yu, F., **Ryan, L. H.,** Schaie, K. W., Willis, S. L., & Kolanowski, A. (2009). Factors Associated with Cognitive Change in Older Adults: The Seattle Longitudinal Study. *Research in Nursing and Health*, *32*, 540-550.

### **Reports and Other Publications**

Smith J, **Ryan L.H,** Sonnega A, Weir DR. HRS Psychosocial and Lifestyle Questionnaire 2006-2016. Ann Arbor, Michigan: Survey Research Center, Institute for Social Research, University of Michigan; 2017.

Weir D. R, McCammon R. J, **Ryan L. H,** Langa K. M. Cognitive Test Selection for the Harmonized Cognitive Assessment Protocol (HCAP). Ann Arbor, Michigan: Institute for Social Research, University of Michigan; 2014.

Smith J, Fisher G. G, **Ryan L. H,** Clarke P. J, House J, Weir D. R. Psychosocial and Lifestyle Questionnaire 2006 - 2010: Documentation Report. Ann Arbor: Survey Research Center, Institute for Social Research, University of Michigan; 2013.

### **HONORS AND AWARDS**

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2014	Invited to attend NIA funded Preconference Workshop for the Inaugural Meeting of the Society for Affective Science
2011	Awarded NIA Fellowship to attend the 2011 RAND Summer Institute in Santa Monica, CA.
2009	Best Postdoctoral Poster Presentation Award at the 12th Graylyn Conference on Women's Health: Improving the Trajectory of Cognitive Aging in Women through Innovative Translational Research, <i>Wake Forest University, School of Medicine</i>
2009	A. Regula Herzog Young Investigator Award, <i>University of Michigan, Survey Research Center</i>
2005 – 2008	Predoctoral Trainee Fellowship, funded through the National Institute of Mental Health
2003	Magna Cum Laude, B.A. Psychology, <i>SUNY Geneseo</i>
2003	Outstanding Research Contribution Award, <i>SUNY Geneseo, Psychology Department</i>
2003	Horylev Tesch Outstanding Student Award, <i>SUNY Geneseo, Psychology Department</i>

## PROFESSIONAL AND HONOR SOCIETY MEMBERSHIPS

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2016	Invited Member of the Sloan Research Network on Aging and Work
2014	Society for Personality and Social Psychology
2011 - 2015	Network Associate of the MacArthur Foundation Research Network on an Aging Society
2010	American Psychological Society
2009	APA Division 20 – Adult Development and Aging
2007	American Psychological Association
2003	Gerontology Society of America (GSA)
2000	Psi Chi, National Honor Society in Psychology

## PROFESSIONAL EXPERIENCE

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2015 – 2016	Program Committee Member, “Meeting the Challenges of Safe Transportation in an Aging Society”, hosted by the Center for Advancing Transportation Leadership and Safety in Ann Arbor, September 14 – 15 2016.
2016	Invited Guest Editor, Special Issue in the journal <i>Work, Aging and Retirement</i> with a focus on highlighting the Health and Retirement Study
2015 - 2017	Invited Lecturer, Epidemiology of Cognition, Columbia University, NYC
2014	Early Career Reviewer at the Center for Scientific Review, National Institutes of Health
2013	Reviewer, Abstract submissions for the 2013 Annual Convention for the American Psychological Association
2007 - Present	Reviewer, Abstract submissions for the Gerontological Society of America Annual Meeting
2009 – 2012	Postdoc / Coordinator for the “Successful Aging Societies: Ensuring Social, Economic, and Political Stability and a Healthy Society During the Coming Demographic Transition” project funded by the MacArthur Foundation. Principle Investigator: James Jackson.
2008 – 2010	Survey Research Center Staff Training Advisory Committee Representative
2008 – 2010	Survey Research Center – Professional Advisory Committee Representative

## TEACHING EXPERIENCE

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2014 – Present	Guest Lecturer: Epidemiology of Aging (Graduate Level), Mailman School of Public Health <i>Columbia University</i>
2015	Guest Lecturer: PSYCH 359, Psychology and Aging <i>University of Michigan</i>
2013	Guest Lecturer: PSYCH 359, Psychology and Aging <i>University of Michigan</i>
2012	Guest Lecturer: PSYCH 359, Psychology and Aging

- 2009 *University of Michigan*  
Guest Lecturer: PSYCH 359, Psychology and Aging  
*University of Michigan*
- 2007 Trained new instructor, assist with preparation of new course – HDFS 445, Development and Administration of Human Services Programs  
*Pennsylvania State University*
- 2007 Instructor: HDFS 249, Intro to Adult Development and Aging  
*Pennsylvania State University*
- 2007 Guest Lecturer, HDFS 129, Intro to Human Development  
*Pennsylvania State University*
- 2007 Guest Lecturer, HDFS 129-Honors, Intro to Human Development  
*Pennsylvania State University*
- 2007 Instructor: HDFS 129, Intro to Human Development  
*Pennsylvania State University*
- 2007 Guest Lecturer, HDFS 445, Advanced Adult Development and Aging  
*Pennsylvania State University*

#### SELECTED CONFERENCE PRESENTATIONS:

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- Ryan, L. H., & Antonucci, T. C.** (2016). Do Virtues Matter? Considerations for Health and Well-being. Symposium presented at the Annual Meeting for the Gerontological Society of America, New Orleans, LA.
- Ryan, L. H., Newton, N. J., Gach, E., LaBelle, O.** (2016). Gratitude with Age: The Gratitude – Older Adult Scale. Paper presented at the 2016 Biennial meeting for the International Society for the Study of Behavioral Development, Vilnius, Lithuania.
- Ryan, L. H., Newton, N. J., & Gach, E.** (2015). Gratitude in Midlife: Links between Trait and State. Poster presented at the Annual Conference for the Society for Longitudinal and Life Course Studies, Dublin, Ireland.
- Chen, N. & **Ryan, L. H.** (2015). Gratitude in Late Life: Critical Considerations. Paper presented as part of the Symposium, Gratitude in Adulthood: Situations, Contexts, and Measures, at the Annual Convention for the Association for Psychological Science.
- Ryan, L. H., Newton, N. J., LaBelle, O., Gach, E., Chen, N., Yates, C.** (2015). Should I be Grateful? Critical considerations of Gratitude for Older Adults. Poster presented at the Society for Personality and Social Psychology Conference, San Diego, CA.
- Ryan, L. H., Park, J., Turkelson, A., Kim, B., Manalel, J., Antonucci, T. C., & Jackson, J. S.** (2014). Intergenerational Triads: Family profiles from the National Survey of Black Americans. Paper presented at the Annual Convention for the Association of Psychological Science, San Francisco, CA.
- Ryan, L. H., Govia, I., Antonucci, T. C., & Jackson, J. S.** (2014). Positive and negative intergenerational relations and health. Paper presented at the Panamerican Congress of Gerontology and Geriatrics in Cartagena, Colombia.
- Ryan, L. H. & Smith, J.** (2013). The role of pain and physical activity disengagement on memory. Paper presented at the Annual Meeting for the Gerontological Association of America, New Orleans, LA.
- Ryan, L. H., Newton, N., J., & King, R. T.,** (2013). Cohort differences in the marriage-health relationship for midlife women. Paper presented at the Annual Meeting for the Gerontological Association of America, New Orleans, LA.

- Ryan, L. H.** (2013). Computer use in adulthood: Implications for loneliness. Paper presented at the Annual Meeting for the Gerontological Association of America, New Orleans, LA.
- Ryan, L. H.** (2013). Longitudinal predictors of nursing home status. The importance of perceived control. Paper presented at the Annual Convention for the American Psychological Association, Honolulu, HI.
- Queen, T. L. & **Ryan, L. H.** (2012). Emotional complexity within a day. Providing a context for affective reports. Paper presented at the Annual Meeting for the Gerontological Society of America, San Diego, CA.
- Ryan, L. H.** & Smith, J. (2011). Do activities matter for wellbeing yesterday: Findings from the ROBUST Study. Paper presented at the Annual Meeting for the Gerontological Society of America, Boston, MA.
- Ryan, L. H.** & Smith, J. (2011). Distinct trajectories of subjective well-being during old age: Stability, lability and change. Paper presented at the Annual Meeting for the Gerontological Society of America, Boston, MA.
- Ryan, L. H.** & Smith, J. (2011). A dyadic analysis of social engagement and spouse support: Does it matter for both husbands and wives? Paper presented at the Annual Convention for the American Psychological Association, Washington, D.C.
- Ryan, L. H.**, & Smith, J. (2010). Spousal Support and Engagement: A Dyadic Analysis of Well-Being in the Health and Retirement Study. Paper presented at the Gerontological Society of America Annual Conference, New Orleans, LA.
- Ryan, L. H.**, Weir, D., & Smith, J. (2010). Well-Being Disparities in the Health and Retirement Study: The Importance of Health, Wealth, and Age. Paper presented at the Gerontological Society of America Annual Conference, New Orleans, LA.
- Smith, J., Gonzalez, R., **Ryan, L. H.**, Becker, S., & Weir, D. (2010). Well-Being Experienced Yesterday: Linking Time, Activities, and Affect in HRS. Paper presented at the Gerontological Society of America Annual Conference, New Orleans, LA.
- Smith, J., **Ryan, L. H.**, Antonucci, T. C., Gonzalez, R. (2010). Do Support Processes in Older Couples have Implications for Each Partner's Health? Paper presented at the 2010 American Psychological Society Conference, Boston, MA.
- Gonzalez, R., Yu, T., **Ryan, L. H.**, Volling, B., Smith, J. (2010). Using Mixture Models and Longitudinal Analyses to Test Lifespan Research Questions. Paper presented at the 2010 American Psychological Society Conference, Boston, MA.
- Ryan, L. H.**, & Smith, J. (2010). Differential 8-year Trajectories of Women aged 51 – 96: The Health and Retirement Study. Poster presented at the 2010 Cognitive Aging Conference, Atlanta, GA.
- Smith, J., & **Ryan, L. H.** (2009). Trajectories of Psychosocial Status during Old Age: Correlates and Associations with Longevity. Paper presented at the 2009 Gerontological Society of America Annual Meeting, Atlanta, GA.
- Ryan, L. H.** (2009). Do Individuals Construct their own Health? A Life Course and Lifespan Perspective. Symposium chair at the 2009 Society for the Study of Human Development Biannual Conference. Ann Arbor, MI.
- Ryan, L. H.**, & Smith, J. (2009). A Healthy Mind for a Healthy Body: The Importance of Cognition for Health. Paper presented at the 2009 Society for the Study of Human Development Biannual Conference. Ann Arbor, MI.

- Ryan, L. H., & Smith, J. (2009).** Differential Cognitive Trajectories of Women aged 51 – 96. Poster presented at the 2009 Graylyn Conference on Women’s Health. Winston-Salem, NC.
- Ryan, L. H. & Smith, J. (2009).** Are You In Control? New Directions for Control Beliefs Research. Symposium co-chairs at the 2009 American Psychological Association Annual Convention, Toronto, Canada.
- Ryan, L. H. & Smith, J. (2009).** Control Beliefs and Well-Being: Does Your Spouse Matter? Paper presented at the 2009 American Psychological Association Annual Convention, Toronto, Canada.
- Ryan, L. H., Schaie, K. W., & Willis, S. L. (2008).** Impact of Late-Life Employment, Health Status, and Education on Reasoning, Memory, and Verbal Ability in Older Adults: Seattle Longitudinal Study. Paper presented at the 2008 Gerontological Society of America Annual Meeting, National Harbor, MD.
- Ryan, L. H., Boron, J. B., Schaie, K. W., & Willis, S. L. (2007).** Impact of Retirement, Continued Employment, and Perceptual Speed on Memory and Reasoning Ability in Adulthood: Seattle Longitudinal Study. Poster presented at the 2007 Gerontological Society of America Annual Meeting, San Francisco, CA.
- Ryan, L. H., Schaie, K. W., & Willis, S. L. (2006).** Influence of the Work Environment in Midlife on Cognitive Outcomes in Old Age: The Seattle Longitudinal Study. Poster presented at the 2006 Gerontological Society of America Annual Meeting, Dallas, TX.
- Ryan, L. H., Yu, F., Schaie, K. W., & Willis, S. L. (2006).** Possible Protective and Risk Factors for Individual Differences in Verbal Memory and Inductive Reasoning: The Seattle Longitudinal Study. Poster presented at the 2006 Gerontological Society of America Annual Meeting, Dallas, TX.
- Ryan, L. H., Schaie, K. W., & Willis, S. L. (2006).** The effects of work environment perceptions on cognitive style seven years later: Autonomy, worker control, and innovation. Poster presented at the 2006 Cognitive Aging Conference, Dallas, TX.

## REVIEWER COMMITMENTS

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Developmental Psychology  
Stress and Health  
Social Psychological and Personality Science  
Journal of Applied Gerontology  
Gerontology, Journals of Gerontology: Social Sciences  
Journals of Gerontology: Psychological Sciences  
Aging and Mental Health  
The Gerontologist  
Journal of Epidemiology & Community Health  
Archives of Gerontology and Geriatrics  
Innovation in Aging  
PLoS ONE